

Dr. Gabrielle E Carey-Johnson, LMHC, NCC

Gabrielle is a Licensed Mental Health Counselor (FL and CO) and National Board Counselor with a specialization in Infant and Maternal Mental Health.

As an Afro-Caribbean and Miami native, she has always loved giving back and supporting those within her community. She has had the pleasure of working as a family therapist in South Florida for close to 10 years. Gabby Cares of South Florida was created as a safe space for multicultural therapeutic work to transpire and change the narrative related to Mental Health within minority communities.

Gabrielle has earned a Bachelor's Degree in Family Youth and Community Sciences from the University of Florida and a Master's Degree in Human Services with a specialty in the Juvenile Justice System from Nova Southeastern University. She holds a Ph.D. in Marriage and Family Therapy. Her research explores parenting trends and assimilation for first-generation Caribbean American parents.

Gabrielle has presented at the International Family Therapy Association's 25th World Congress on the Hook-Up Culture within adolescent culture as well as "Ways to break the cycle of Domestic Violence." Most recently, she presented at the Solution-Focused Brief Therapy Conference 2022 on Healing Heartbreak.

Gabrielle is a wife, mother, sister, and friend. She enjoys working with individuals and families and views therapy as a safe place to connect with others, build and learn while having fun.

Gabrielle's favorite quote has continued to motivate her to ensure she supports all of those around her — "Not everything that is faced can be changed, but nothing can be changed until it is faced" – James Baldwin



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